




Inspired Schools Holiday Camp



Football Week 1

Group 1 = KS1 Group 2 = KS2	Tuesday	Wednesday	Thursday	Friday
8.45-9.15	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome
9.15-10.15	Group 1 - Dribbling Games Group 2 - Protecting the Ball	Group 1 - Finishing Group 2 - Hydration	Group 1 - Passing Group 2 - Build It: Football Version	Sport Activity 1 - 1,2,3 Game Sport Activity 2 - Overload Games (defending team has less players)
10.15-10.40	Group 1: Snack Break Group 2: Germs	Snack Break	Snack Break	Snack Break
10.40-11.00	Group 1: Germs Group 2: Snack Break	Group 1: Penalty Shoot Out Group 2: Foot Tennis	Group 1: Hit the Post Group 2: Crossbar Challenge	Sugar Quiz
11-11.45	Group 1 - Controlling the Ball Group 2 - Improving our first touch	Group 1 - Hydration Group 2 - Finishing	Group 1 - Build It: Football Version Group 2 - Passing	Sport Activity 1 - 2v 1 mini games Sport Activity 2 - 1,2,3 Game
11.45 - 1.00	Wash Hands - Lunch	Wash Hands - Lunch	Wash Hands - Lunch	Wash Hands - Lunch
1.00-1.45	Group 1 - Vegetable Printing Group 2 - Mini Matches	Foot Golf - in pairs (join up KS1 and KS2 children)	Group 1 - Fruit Kebabs Group 2 - Mini Matches	Team Building Activities - in their tournament teams Tournament - 1.40pm start
1.45 - 2.30	Group 1 - Mini Matches Group 2 - Vegetable Printing	Mini Matches	Group 1 - Mini Matches Group 2 - Fruit Kebabs	
2.30 - 3.00	End of Day Celebration	End of Day Celebration	End of Day Celebration	<u>End of Camp Celebration</u> Family and Friends please join us if you can! Gates open at 2.30pm 

To Contact someone inside the venue please ring:



Inspired Schools Holiday Camp



Football Week 2

Group 1 = KS1 Group 2 = KS2	Monday	Tuesday	Wednesday	Thursday
8.45-9.15	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome	Arrival Activity and Morning Welcome
9.15-10.00	Group 1 - Dribbling Games Group 2 - Protecting the Ball	Foot Golf - in pairs (join up KS1 and KS2 children)	Group 1 - Passing Group 2 - Build It: Football Version	Group 1: Finishing Sport Activity 2 - Overload Games (defending team has less players)
10.15-10.40	Group 1: Snack Break Group 2: Food Packaging	Snack Break	Snack Break	Group 1: Snack Break Group 2: Athlete Nutrition
10.40-11.00	Group 1: Food Packaging Group 2: Snack Break	Group 1: Penalty Shoot Out Group 2: Foot Tennis	Group 1: Hit the Post Group 2: Crossbar Challenge	Group 1: Athlete Nutrition Group 2: Snack Break
11-11.45	Group 1 - Controlling the Ball Group 2 - Improving our first touch	Group 1: 2v1 Group 2: 1,2,3 Game	Group 1 - Build It: Football Version Group 2 - Passing	Sport Activity 1 - Overload Games (defending team has less players) Sport Activity 2 - Finishing
11.45 - 1.00	Wash Hands - Lunch	Wash Hands - Lunch	Wash Hands - Lunch	Wash Hands - Lunch
1.00-1.45	Group 1 - Craft Flowers Group 2 - Mini Matches	Group 1 - Veg Kebabs Group 2 - Mini Matches	Group 1 - Germs Group 2 - Mini Matches	Team Building Activities - in their tournament teams Tournament - 1.40pm start
1.45 - 2.30	Group 1 - Mini Matches Group 2 - Craft Flowers	Group 1 - Mini Matches Group 2 - Veg Kebabs	Group 1 - Mini Matches Group 2 - Germs	
2.30 - 3.00	End of Day Celebration	End of Day Celebration	End of Day Celebration	<u>End of Camp Celebration</u> Family and Friends please join us if you can! Gates open at 2.30pm 

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